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Season Bests (as of September 30, 2011)

	Boys 5000 Meter Run			
1	17:01.00	Caldwell, Billy	Paul Short Run	2011-09-30
2	17:24.00	Barber, Maurice	Chris Fretz Invitational	2011-09-17
3	17:34.00	Fitzgerald, Tom	Chris Fretz Invitational	2011-09-17
4	18:04.00	White, Jason	Paul Short Run	2011-09-30
5	18:16.00	Carcella, Adam	Chris Fretz Invitational	2011-09-17
6	18:21.00	Rowles, Ben	Paul Short Run	2011-09-30
7	18:23.00	Napolentana, Adam	Paul Short Run	2011-09-30
8	18:23.00	Doherty, Bryan	Paul Short Run	2011-09-30
9	18:24.00	Marshall, Matt	Paul Short Run	2011-09-30
10	18:25.00	O'Reilly, Keelan	Paul Short Run	2011-09-30

Centaur Invitational (Desales)

Full Results found at <http://pa.milesplit.com/meets/97034>

Team Place Meet Place Name Time

*varsity

1. *34) Billy Caldwell 18:17.70
2. *52) Tom Fitzgerald 18:40.90
3. *70) Maurice Barber 19:06.10
4. *79) Ryan White 19:17.10
5. *89) Jared Helm 19:26.00
6. *95) Ben Rowles 19:32.00
7. 15) Matt Marshall 19:43.50
8. *109) Matt Flaig 19:53.70
9. 20) Jon Wells 20:05.00
10. 26) Steve Adams 20:11.80
11. 27) Adam Napolentana 20:12.60
12. 28) Bryan Doherty 20:13.50
13. 30) Jeff Hardy 20:22.20
14. 34) Charles Ramirez 20:29.10
15. 37) Brian Appleby 20:40.00
16. 42) Alex Reifsnyder 20:48.90
17. 48) Nicko Galvis 20:53.70
18. 75) Casimir Szustak 21:23.80
19. 80) Gordon Milne 21:27.90
20. 96) Mike Dove 21:47.10
21. 100) Chris Quigley 21:50.60
22. 103) Parker Broms 21:53.10
23. 164) Mariano Garay 23:48.20
24. 175) Steve Weber 24:09.50
25. 207) Max Black 25:27.30

Chris Fretz 9/17 Place 5th out of 6

Full Results at <http://pa.milesplit.com/meets/97147>

Team Place Meet Place Name Time

*varsity

1. *9) Maurice Barber 17:24.00
2. *12) Tom Fitzgerald 17:34.00
3. *13) Billy Caldwell 17:34.00
4. *23) Jason White 18:13.00
5. 6) Adam Carcella 18:16.00
6. *29) Ben Rowles 18:34.00
7. 14) Jeff Hardy 18:37.00
8. 15) Bryan Doherty 18:38.00
9. 16) Steve Adams 18:38.00
10. 18) Chris Quigley 18:40.00
11. 19) K O'reilly 18:46.00
12. *31) Jared Helm 18:48.00
13. 22) Matt Marshall 18:50.00
14. *32) Adam Napolentana 18:55.00
15. 24) Jon Wells 19:02.00
16. 36) Alex Reifsnyder 19:26.00
17. 38) Charles Ramirez 19:35.00
18. 42) Nicko Galvis 19:40.00
19. 44) Mike Dove 19:43.00
20. 53) Brian Appleby 19:53.00
21. 69) Parker Broms 20:46.00
22. 86) Mariano Garay 21:34.00

Council Rock 9/24

Full results at <http://pa.milesplit.com/meets/95809>

Team Place Meet Place Name Time

*varsity

M 5000 Meter Run

1.	*16)	Billy Caldwell	17:31.00
2.	*29)	Tom Fitzgerald	17:56.00
3.	*32)	Maurice Barber	18:03.00
4.	4)	Keelan O'Reilly	18:45.00
5.	*54)	Jared Helm	18:51.00
6.	8)	Matt Marshall	18:52.00
7.	10)	Chris Quigley	18:54.00
8.	*67)	Ben Rowles	19:02.00
9.	7)	Jason White	19:06.00
10.	24)	Charles Ramirez	19:32.00
11.	27)	Alex Reifsnyder	19:36.00
12.	*89)	Steve Adams	19:41.00
13.	44)	Nicko Galvis	20:10.00
14.	31)	Jack Vallen	21:14.00
15.	89)	Casimir Szustak	21:17.00
16.	90)	Gordon Milne	21:18.00
17.	105)	Tyler Cummings	21:45.00
18.	123)	Steve Weber	22:39.00
19.	137)	Connor Young	23:37.00
20.	80)	Parker Broms	20:58.00

Paul Short September 30, 2011

Full results at <http://pa.milesplit.com/meets/97011-paul-short-run>

Team Place Meet Place Name Time

*varsity

M 5000 Meter Run

1. *21) Billy Caldwell 17:01.00
2. *48) Maurice Barber 17:40.00
3. *69) Tom Fitzgerald 17:53.00
4. *83) Jason White 18:04.00
5. *110) Ben Rowles 18:21.00
6. *113) Adam Napolentana 18:23.00
7. *114) Bryan Doherty 18:23.00
8. *115) Matt Marshall 18:24.00
9. *118) Keelan O'Reilly 18:25.00
10. *129) Jared Helm 18:30.00