

# GIRLS OUTDOOR TRACK & FIELD

## SCHOOL RECORDS

Event	Individual(s)	Time	Year	Location	Notes
100 Meter Dash	Sami Keenan	12.2	2004		
200 Meter Dash	Sami Keenan	25.3	2005		
400 Meter Dash	Sami Keenan	57.07	5/28/2005	Shippensburg University	6th place at the PIAA AAA State Championship
800 Meter Run	Taylor Carcella	2:16.6	5/22/2010	Coatesville HS	4th place at the District 1 Championships
1600 Meter Run	Marie Thompson	5:05.65	5/8/2008	Coatesville HS	1st place at the Ches-Mont League Championships
3200 Meter Run	Katelyn Callaghan	11:09.38	5/22/2010	Coatesville HS	9 <sup>th</sup> place at the District 1 Championship
100 HH	Kelly Kajunski	15.0	2005		
300 IH	Lauren Sansone	45.89	5/11/2005	Coatesville HS	1st place at the Ches-Mont League Championship
4x100 Meter Relay	Kayla Greaves Kiersten Craig Amanda Egan Sami Keenan	49.86	2005		
4x200 Meter Relay	Kiersten Craig Kelly Kajunski Sami Keenan Cali Ritson	1:45.7	4/23/2005	Pottstown HS	1st place at the 41st annual Pacer Relays

<b>4x400 Meter Relay</b>	Lauren Sansone: 60.0 Cali Ritson: 59.9 Kathryn Shannon: 58.5 Sami Keenan: 57.0	3:55.21	5/11/2005	Coatesville HS	1st place in a New Meet Record at the Ches-Mont League Championships
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<b>4x800 Meter Relay</b>	Danielle Castaldi: 2:16 Elena Rogowski: 2:23 Sarah Black: 2:16 Taylor Carcella: 2:14	9:09.83	5/24/2008	Shippensburg University	3rd place at the PIAA State Championships
<b>4x1600 Meter Relay</b>	Ashley Fornshell: 5:11.2 Emily Rugh: 5:28.0 Marie Thompson: 5:19.3 Erin Casey: 5:29.4	21:28.22	4/19/2008	Great Valley HS	1st place at the Great Valley Relays
<b>DMR</b>	Ashley Fornshell (1200): 3:43.0 Rachel Hunte (400): 58.0 Taylor Carcella (800): 2:21.0 Marie Thompson (1600): 5:07.6	12:10.60	4/24/2008	University of Pennsylvania	10th place at the Penn Relays in the High School Girls DMR Relay Championship of America
<b>1600m SMR</b>		4:23.11	4/19/2008	Great Valley HS	7th place at the Great Valley Relays
<b>Shuttle Hurdle Relay</b>		1:12.48	4/19/2008	Great Valley HS	5th place at the Great Valley Relays
<b>Pole Vault</b>	Alyssa Long	10' 06"	5/19/2007	Coatesville HS	5th place at the District 1 Championships
<b>Triple Jump</b>	Kayla Greaves	36' 05"	4/14/2007	Villa Maria Academy	1st place at the 7th annual Hurricane Classic
<b>Long Jump</b>	Kiersten Craig	17' 05.5"	5/9/2007	Coatesville HS	2nd place at the Ches-Mont League Championships
<b>High Jump</b>	Kelly Kajunski	5' 07"	4/29/2005	University of	4th place at the Penn Relays

				Pennsylvania	
<b>Shot Put</b>	Geanine Castaldi	36' 04.5"	5/20/2006	Coatesville HS	District 1 Championships
<b>Discus</b>	Amber Yacenda	106' 02"	5/17/2008	Coatesville HS	9th place at the District 1 AAA Championships
<b>Javelin</b>	Amber Yacenda	98' 01"	2007		