

## GIRLS INDOOR TRACK AND FIELD SCHOOL RECORDS

| Event               | Time     | Athlete   | Date       | Location                | Notes  |
|---------------------|----------|---|------------|-------------------------|--|
| 55 Meter            | 7.2      | Sami Keenan   | 2005 - 06  |                         |  |
| 55 Meter Hurdles    | 8.8      | Kelly Kajunski  | 1/14/2005  | Lehigh University       | DVGTCA #6  |
| 60 Meter            | 8.02     | Sami Keenan   | 2/25/2006  | Penn State University   | PTFCA State Championships                          |
| 200 Meter           | 26.32    | Sami Keenan   | 2005 - 06  |                         |  |
| 300 Meter           | 42.9     | Sami Keenan   | 1/13/2006  | Lehigh University       | DVGTCA # 6   |
| 300 Yard            | 40.1     | Sami Keenan   | 1/2/2004   | Lehigh University       | DVGTCA # 5   |
| 400 Meter           | 51.19    | Danielle Castaldi   | 3/6/2010   | Penn State University   | 7th place at PTFCA State Championships             |
| 600 Meter           | 1:40.9   | Marie Thompson  | 12/14/2007 | Ursinus College         | DVGTCA # 3   |
| 600 Yard            | 1:36.1   | Kelly Carter  | 1/9/2004   | Kutztown University     | DVGTCA # 6   |
| 800 Meter           | 2:15.2   | Taylor Carcella   | 3/6/2010   | Penn State University   | 5 <sup>th</sup> place at PTFCA State Championships |
| 1000 Meter          | 3:00.6   | Marie Thompson  | 2/2/2008   | Lehigh University       | New DVGTCA Association Record                      |
| 1000 Yard           | 2:54.9   | Kate Giere  | 1/9/2004   | Kutztown University     | DVGTCA # 6   |
| Mile                | 5:04.38  | Marie Thompson  | 3/1/2008   | Penn State University   | 2nd place at PTFCA State Championships             |
| 3000 Meter          | 10:59.70 | Cristina Reimer   | 12/30/2003 | Lehigh University       | 2nd at Robert J. Burdette Indoor Classic           |
| 4 x 176 Yard Relay  | 1:30.9   | Kayla Greaves, Kellie O'Toole,<br>Tara Gravatt, Kelly Kajunski    | 1/27/2005  | West Chester University | DVGTCA #7  |
| 4 x 200 Meter Relay | 1:46.25  | Amanda Egan, Cali Ritson,<br>Sami Keenan, Kathryn Shannon         | 2005 - 06  |                         |  |
| 4 x 400 Meter Relay | 4:00.48  | Lauren Sansone, Cali Ritson,<br>Kathryn Shannon, Sami Keenan      | 2005 - 06  | The Armory              | New Balance Games                                  |
| 1 Mile Relay        | 4:21.8   | Lauren Sansone, Amanda Egan,<br>Cali Ritson, Sami Keenan          | 1/27/2005  | West Chester University | DVGTCA #7  |
| 4 x 800 Relay       | 9:25.7   | Elena Rogowski, Ashley Fornshell<br>Tory Mullane, Taylor Carcella | 2/21/2009  | Penn State University   | 3rd place at PTFCA State Championships             |
| 2 Mile Relay        | 10:15.5  | Steph McMurray, Lauren Stevis,<br>Marie Thompson, Kelly Carter    | 1/27/2005  | West Chester University | DVGTCA #7  |

| Field Events                        | Distance  | Athlete   | Year       | Location                | Notes  |
|-------------------------------------|-----------|---|------------|-------------------------|--|
| Distance Medley Relay (DMR) (Meter) | 12:13.62  | Ashley Fornshell (1200): 3:39.4<br>Rachel Hunte (400): 60.6<br>Taylor Carcella (800): 2:23.2<br>Marie Thompson (1600): 5:10.2 | 3/1/2008   | Penn State University   | 2008 State Champions at the PTFCA State Championships in a New Meet Record |
| Sprint Medley Relay (SMR) (Meter)   | 4:14.83   | Rachel Hunte (400): 60.1<br>Alyssa Long (200): 27.6<br>Ashley Hamilton (200): 27.8<br>Marie Thompson (800): 2:19.2            | 1/7/2008   | Ursinus College         | 1st at Chester County Invitational in a New Meet Record                    |
| Sprint Medley Relay (SMR) (Yard)    | 4:57.2    | Porsha Brown, Lauren Rittenhouse,<br>Jill Kimber, Kathryn Shannon   | 1/27/2005  | West Chester University | DVGTCA #7  |
| Novice 4 x 800 Meter                | 10:20.0   | Kelly Carter, Kate Giere,<br>Kellie O'Toole, Steph McMurray   | 2003 - 04  |                         |  |
| Pole Vault                          | 10' 6"    | Melissa Murphy  | 1/30/2004  | Kutztown University     | DVGTCA #9  |
| Triple Jump                         | 35' 11"   | Kiersten Craig  | 2/20/2004  | Lehigh University       | DVGTCA Meet of Champions   |
| Long Jump                           | 17' 1¾"   | Kiersten Craig  | 2004 - 05  |                         |  |
| High Jump                           | 5'5"      | Kelly Kajunski  | 12/30/2003 | Lehigh University       | Robert J. Burdette Indoor Classic  |
| Shot Put                            | 36' 8.25" | Geanine Castaldi  | 2/17/2006  | Lehigh University       | DVGTCA Meet of Champions   |

*\*\*The 2003 season was the first season for Downingtown East after the split of Downingtown High School\*\**