

GIRLS INDOOR TRACK AND FIELD SCHOOL RECORDS

Event	Time	Athlete	Date	Location	Notes
55 Meter	7.2	Sami Keenan	2005 - 06		
55 Meter Hurdles	8.8	Kelly Kajunski	1/14/2005	Lehigh University	DVGTCA #6
60 Meter	8.02	Sami Keenan	2/25/2006	Penn State University	PTFCA State Championships
200 Meter	26.32	Sami Keenan	2005 - 06		
300 Meter	42.9	Sami Keenan	1/13/2006	Lehigh University	DVGTCA # 6
300 Yard	40.1	Sami Keenan	1/2/2004	Lehigh University	DVGTCA # 5
400 Meter	58.19	Danielle Castaldi	3/6/2010	Penn State University	7th place at PTFCA State Championships
600 Meter	1:38.99	Taylor Carcella	1/28/11	Lehigh University	DVGTCA # 6
600 Yard	1:36.1	Kelly Carter	1/9/2004	Kutztown University	DVGTCA # 6
800 Meter	2:15.2	Taylor Carcella	3/6/2010	Penn State University	5 th place at PTFCA State Championships
1000 Meter	3:00.6	Marie Thompson	2/2/2008	Lehigh University	New DVGTCA Association Record
1000 Yard	2:54.9	Kate Giere	1/9/2004	Kutztown University	DVGTCA # 6
Mile	5:04.38	Marie Thompson	3/1/2008	Penn State University	2nd place at PTFCA State Championships
3000 Meter	10:43.66	Katelyn Callaghan	12/11/10	Lehigh University	DVGTCA #1
4 x 176 Yard Relay	1:30.9	Kayla Greaves, Kellie O'Toole, Tara Gravatt, Kelly Kajunski	1/27/2005	West Chester University	DVGTCA #7
4 x 200 Meter Relay	1:46.25	Amanda Egan, Cali Ritson, Sami Keenan, Kathryn Shannon	2005 - 06		
4 x 400 Meter Relay	4:00.48	Lauren Sansone, Cali Ritson, Kathryn Shannon, Sami Keenan	2005 - 06	The Armory	New Balance Games
1 Mile Relay	4:21.8	Lauren Sansone, Amanda Egan, Cali Ritson, Sami Keenan	1/27/2005	West Chester University	DVGTCA #7
4 x 800 Relay	9:25.7	Elena Rogowski, Ashley Fornshell, Tory Mullane, Taylor Carcella	2/21/2009	Penn State University	3rd place at PTFCA State Championships
2 Mile Relay	10:15.5	Steph McMurray, Lauren Stevis, Marie Thompson, Kelly Carter	1/27/2005	West Chester University	DVGTCA #7

Field Events	Distance	Athlete	Year	Location	Notes
Distance Medley Relay (DMR) (Meter)	12:13.62	Ashley Fornshell (1200): 3:39.4 Rachel Hunte (400): 60.6 Taylor Carcella (800): 2:23.2 Marie Thompson (1600): 5:10.2	3/1/2008	Penn State University	2008 State Champions at the PTFCA State Championships in a New Meet Record
Sprint Medley Relay (SMR) (Meter)	4:14.83	Rachel Hunte (400): 60.1 Alyssa Long (200): 27.6 Ashley Hamilton (200): 27.8 Marie Thompson (800): 2:19.2	1/7/2008	Ursinus College	1st at Chester County Invitational in a New Meet Record
Sprint Medley Relay (SMR) (Yard)	4:57.2	Porsha Brown, Lauren Rittenhouse, Jill Kimber, Kathryn Shannon	1/27/2005	West Chester University	DVGTCA #7
Pole Vault	10' 6"	Melissa Murphy	1/30/2004	Kutztown University	DVGTCA #9
Triple Jump	35' 11"	Kiersten Craig	2/20/2004	Lehigh University	DVGTCA Meet of Champions
Long Jump	17' 1¾"	Kiersten Craig	2004 - 05		
High Jump	5'5"	Kelly Kajunski	12/30/2003	Lehigh University	Robert J. Burdette Indoor Classic
Shot Put	36' 8.25"	Geanine Castaldi	2/17/2006	Lehigh University	DVGTCA Meet of Champions

The 2003 season was the first season for Downingtown East after the split of Downingtown High School